

NATIONAL ASSOCIATION OF SOCIAL WORKERS

ADOLESCENCE DEPRESSION

SUICIDE RATES INCREASE AMONG YOUNGEST

THE NATIONAL INSTITUTE OF MENTAL HEALTH (2010) REPORTS THAT 90% OF PEOPLE WHO DIE BY SUICIDE HAVE DEPRESSION. RESEARCH HAS SHOWN THAT YOUNG FEMALES ARE MORE LIKELY TO ATTEMPT SUICIDE WHILE YOUNG MALES AGES 15 TO 24 ARE MORE LIKELY TO COMMIT SUICIDE



IMPORTANT SYMPTOMS AND RISK FACTORS TO RECOGNIZE CHANGE IN ADOLESCENTS BEHAVIORS

A TEENAGER PLANNING TO COMMIT SUICIDE MAY COMPLAIN OF BEING A BAD PERSON OR FEELING ROTTEN INSIDE HE/SHE MAY HAVE SIGNS OF PSYCHOSIS (HALLUCINATIONS OR BIZARRE THOUGHTS) AS WELL. SOME CHANGE IN TEEN'S BEHAVIORS ARE MOOD, SLEEPING PATTERNS,EATING PATTERNS, SCHOOL ACHIEVEMENT, PERSONAL HYGIENE OR DRESS, VIOLENCE AND DRUG/ALCOHOL USE.



TREATMENT APPROACHES TO MANAGE DEPRESSION AND SUICIDE RISKS

WHEN MANAGING DEPRESSION AND SUICIDE RISKS, SOCIAL WORKERS KNOW HOW THE TREATMENT APPROACHES SUCH AS PSYCHIATRIC HOSPITALIZATION, NO HARM CONTRACTS ,MENTAL HEALTH THERAPY MAY WORK . SOCIAL WORKERS RECEIVED FORMAL EDUCATION TO LEARN THE BENEFITS AND RISKS OF IMPLEMENTATION .

PROVIDING SPECIFIC TRAINING TO TEACHERS AND PARENTS

SCHOOL- WIDE INTERVENTION HAVE PROVEN SUCCESSFUL EVEN TO THOSE NOT DIRECTLY PARTICIPATING. PROVIDING PARENTS WITH INFORMATION , EDUCATIONAL PAMPHLETS AND PARENT GROUPS ENGAGE PARENTS TO A BETTER UNDERSTANDING IN WARNING SIGNS OF DEPRESSION AND SUICIDE . PARENT'S HELP IS CRITICAL.



SUICIDE OCCURS 33 PERCENT MORE OFTEN THAN HOMICIDE

ADOLESCENTS DEPRESSION AND SUICIDE CAN BE DIFFICULT TOPICS TO DISCUSS. MANY AVOID TALKING ABOUT IT WITH YOUTH. SOCIAL WORKERS CAN HELP YOUNG PEOPLE OPEN UP ABOUT THEIR FEELINGS AND CONCERNS. THEIR WILLINGNESS TO TALK ABOUT DEVELOPMENTAL DISORDERS INFLUENCE CHILDREN'S BETTER BEHAVIORS.



RESOURCES

NATIONAL SUICIDE PREVENTION LIFELINE IS A FREE HOTLINE AVAILABLE TO ANYONE IN SUICIDAL CRISIS . YOU CAN VISIT THE WEBSITE - www.suicidepreventionlifeline.org. Other websites like www.helpstartshere.com AND www.aacap.org ARE AVAILABLE TO TREAT ADOLESCENTS AND FAMILIES AFFECTED BY DEVELOPMENTAL DISORDERS , SUICIDAL CRISIS OR MENTAL HEALTH ISSUES.

WHAT ARE YOU WAITING FOR? GO TO ANY OF THE WEBSITES ABOVE

VISIT US AT 123 ANYWHERE JUST GO TO SOCIALWORKERS.ORG